Physical Education Curriculum Overview:

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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 5 | * Move and learn * Fitness | * Dance * Football | * Gymnastics * Hockey | * Tag Rugby * Netball and Basketball | * Dodgeball * Badminton | * Athletics * Cricket and Rounders |
| Year 6 | * Swimming * Fitness | * Swimming * Multi-skills | * Hockey * Football | * Gymnastics * Badminton | * Paralympics * Ultimate Frisbee | * Athletics * Cricket and Rounders |
| Year 7 | * Healthy Living * Fitness | * Football * Dance | * Orienteering * Hockey | * Table Tennis * Tag Rugby | * Badminton * Basketball and Netball | * Athletics * Cricket and Rounders |
| Year 8 | * Team Challenges * Fitness | * Volleyball * Football | * Rugby * Badminton | * Handball * Gymnastics | * Ultimate Frisbee * Cricket | * Athletics * Softball |