

# Celebrating Extra Curricular Activities at



## Ryecroft C.E. Middle School

Ryecroft students are encouraged to view the whole world as their classroom, and to develop a lifelong love of learning. We believe in helping children become not only the best students they can be, but also the best citizens they can be. Although our curriculum is very broad and gives pupils a huge range of skills, we believe it is important to offer additional activities that build pupils' confidence, resilience and self-belief.

We provide a wide-ranging programme of extra-curricular activities, designed to allow each student to achieve success. Every child has a talent in at least one area and to develop this further, we hold curriculum enrichment days, Inter-house talent shows, sports day and many more. Most activities and clubs are provided either at lunch time or after school. These vary depending upon the season and are led by school staff and professional coaches.

*"Teachers open the door, but you must enter by yourself" - Chinese Proverb*

### Developing as individuals

**Outdoor Educational Visits** – Ryecroft students are given the opportunity in taking part on two Outdoor Educational visits. Standon Bowers is a five-day, four-night visit for Year 7 pupils and Chasewater is a three-day, two-night visit for Year 6 pupils. These visits allow students to forge stronger relationships with their peers, develop their leadership skills and challenge themselves in a variety of contexts which they may not experience in their day-to-day lives. Year 8 pupils are also given the opportunity to spend two-days, one night in London.



**Sport** – Our classroom Physical Education curriculum is supplemented with a sporting calendar incorporating a number of events. Our sporting program offers students both the chance to achieve sporting success, and the opportunity to develop concepts of fairness and sportsmanship. Students throughout the school also participate in a variety of clubs and taster days provided by different sporting bodies during the year. We also receive visits from professional athletes and role models.

#### Things completed so far:

- ◆ Burton Albion are delivering a wide range of sporting activities as well as the 'Move and Learn' programme.
- ◆ Opportunities to complete football in County Cup and friendly fixtures for various sports.
- ◆ Games Captains and Sports Leaders are trained to plan and deliver different sports.
- ◆ Gymnastics club will be performing their routines to the whole school. Year 7 pupils performed their routine to the whole school at Christmas.
- ◆ Biking has been introduced as part of their PE lessons and Options choice.
- ◆ Developed whole school inter-house competitions.
- ◆ Sporting competitions between the 14 other middle schools in Staffordshire.
- ◆ Year 8 transition days at Thomas Alleyne's High School.
- ◆ Bikeability Bike Fix and Level 2 training has been arranged for all Year 5 pupils and Level 3 training has been arranged for Year 7 pupils.

#### In the pipeline:

- ◆ Rugby development in Options block..
- ◆ Burton Albion will be coming in after Easter Canoeing – making enquiries
- ◆ Sky Sports Young Leaders.
- ◆ We now have access to JCB lake for Kayaking. Awaiting to secure boats.
- ◆ Revising Sports Day plans.
- ◆ Swimming Galas

We also continue to participate in various inter-school sporting activities throughout the year.

