

Autumn 2 PE Lessons

5A		Kit Multi-Skills - Top, fleece, shorts/skorts/leggings/ tracksuit bottoms, navy/black socks, trainers, coat, sun hat, sun cream, water bottle Swimming - Swimming costume/Trunks/Shorts, swimming cap, goggles, towel
Week 1 - Friday Lesson 4 and 5 - Mrs Bannister	Week 2 - Friday lesson 4 and 5 - Mrs Bannister	
Swimming / Multi-Skills		
5B		
Week 1 - Friday Lesson 4 and 5 - Mrs Bannister	Week 1 - Friday Lesson 4 and 5 - Mrs Bannister	
Swimming / Multi-Skills		
6A		Kit Hockey - Top, fleece, shorts/skorts/leggings/ tracksuit bottoms, navy/black socks, trainers, coat, hat, water bottle, Shin pads, Studs, Gum Shield Gymnastics - Top, fleece, shorts/skorts/leggings/ tracksuit bottoms, navy/black socks, trainers, water bottle
Week 1 - Tuesday Lesson 2 - Mrs Bannister Thursday Lesson 1 - Mrs Bannister	Week 2 - Monday Lesson 4 - Mrs Bannister Thursday Lesson 5 - Mrs Bannister	
Gymnastics and Hockey		
6B		
Week 1 - Tuesday Lesson 3 - Mrs Bannister Friday Lesson 1 - Mrs Bannister	Week 2 - Monday Lesson 5 - Mrs Bannister Tuesday Lesson 2 - Mrs Bannister	
Gymnastics and Hockey		
7A		Kit Hockey - Top, fleece, shorts/skorts/leggings/ tracksuit bottoms, navy/black socks, trainers, coat, hat, water bottle, Shin pads, Studs, Gum Shield Dance - Top, fleece, shorts/skorts/leggings/ tracksuit bottoms, navy/black socks, trainers, water bottle
Week 1 - Monday Lesson 4 - Mrs Bannister Wednesday Lesson 5 - Mrs Bannister and Mr Hughes Thursday Lesson 5 - Mrs Bannister	Week 2 - Thursday Lesson 2 - Mrs Bannister	
Dance and Hockey		
7B		
Week 1 - Monday Lesson 2 - Mrs Bannister Tuesday Lesson 5 - Mrs Bannister Wednesday Lesson 5 - Mrs Bannister and Mr Hughes	Week 2 - Wednesday Lesson 1 - Mrs Bannister	
Dance and Hockey		
8A		Kit Hockey - Top, fleece, shorts/skorts/leggings/ tracksuit bottoms, navy/black socks, trainers, coat, hat, water bottle, Shin pads, Studs, Gum Shield Gymnastics - Top, fleece, shorts/skorts/leggings/ tracksuit bottoms, navy/black socks, trainers, water bottle
Week 1 - Wednesday Lesson 4 - Mrs Bannister	Week 2 - Wednesday Lesson 3 - Mrs Bannister Thursday Lesson 3 - Mrs Bannister Friday Lesson 2 - Mrs Bannister and Mr Hughes	
Gymnastics and Hockey		
8B		
Week 1 - Monday Lesson 5 - Mrs Bannister Wednesday Lesson 1 - Mrs Bannister	Week 2 - Thursday Lesson 1 - Mrs Bannister Friday Lesson 2 - Mrs Bannister and Mr Hughes	
Gymnastics and Hockey		

Please bring indoor and outdoor kit for both lessons.

Physical Education is a requirement from the National Curriculum. We strive to ensure all pupils participate in these lessons and aim to acquire a minimum of 60 minutes physical activity a day.

In order to ensure that all pupils are fully prepared for these lessons, a kit list is sent out at the beginning of each term and pupils are also pre-warned ahead of the modules. Due to the unpredictable nature of the weather, it's important that pupils bring all the kit listed on the days they have PE to be prepared for either an indoor or outdoor lesson.

For health and safety reasons the absence of certain kit may result in a pupil not being able to fully participate in a lesson which can impact their learning.