

WEEK 1

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6/11/23, 27/11/23, 18/12/23, 8/1/24, 29/1/24, 19/2/24, 11/3/24

MAIN DISHES

Monday

Mac & Cheese (V)

or

Mixed Bean Chilli with Rice (Ve)

Tuesday

Mild & Sweet Chicken Curry with Rice

or

Margherita Pizza with Jacket Wedges (V)

Wednesday

Roast of the Day with Roasties & Gravy

or

Chickpea & Veggie Puff with Roasties (Ve)

Thursday

Penne with Chicken Meatballs in Classic Tomato

or

Penne with Tomato Super Sauce (Ve)

Friday

Fish Fingers or Salmon Fish Fingers with Chips

or

Falafel Wrap with Mint Yoghurt & Chips (V)

SIDES

Monday

Rainbow Veg

Tuesday

Sweetcorn & Peppers, Cauliflower

Wednesday

Broccoli, Sliced Carrot

Thursday

Green Beans, Swede

Friday

Baked Beans, Garden Peas

DESSERTS

Monday

Scoop of Vanilla Ice Cream (V)

Tuesday

Apple Crumble (Ve) with Custard (V)

Wednesday

Strawberry Jelly & Peaches (Ve)

Thursday

Chocolate Mousse with Pears (V)

Friday

Flapjack (Ve)



HAVE YOU TRIED OUR NEW
DELI
RANGE SANDWICHES

HOW ABOUT A
PANINI
OR
SAUSAGE ROLL

WHY NOT TRY OUR SUPERB
PASTA POTS
WITH DELICIOUS TOPPING

• TRY OUR RANGE OF FILLED JACKET POTATOES •



WEEK 2

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13/11/23, 4/12/23, 25/12/23, 15/1/24, 5/2/24, 26/2/24, 18/3/24

MAIN DISHES

Monday

Pork or Chicken Sausages with Mash & Gravy
or
Veggie Sausage with Mash & Gravy (Ve)

Tuesday

Chicken Paella
or
Margherita Pizza with Jacket Wedges (V)

Wednesday

Roast of the Day with Roasties & Gravy
or
Homemade Veggie & Stuffing Roll with Roasties & Gravy (Ve)

Thursday

Penne with Beef Bolognese
or
Penne with Classic Tomato Sauce (Ve)

Friday

Fish Fingers or Salmon Fish Fingers with Chips
or
Vegeball Marinara Sub with Chips (V)

SIDES

Monday

Rainbow Veg

Tuesday

Sweetcorn, Green Beans

Wednesday

Cauliflower, Carrot Batons

Thursday

Green Beans, Garden Peas

Friday

Baked Beans, Garden Peas

DESSERTS

Monday

Scoop of Vanilla Ice Cream (V)

Tuesday

Apple & Pear Crumble (Ve) with Custard (V)

Wednesday

Orange Jelly & Mandarins (Ve)

Thursday

Banana Custard (V)

Friday

Chocolate Shortbread (Ve)



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 **edwards and ward**
a recipe for success

WEEK 3

LUNCH MENU

30/10/23, 20/11/23, 11/12/23, 1/1/24, 22/1/24, 12/2/24, 4/3/24, 25/3/24

MAIN DISHES

Monday

Pizza Mac & Cheese (V)

or

Mild Sweet Potato & Chickpea Curry with Rice (Ve)

Tuesday

Chicken Tandoori with Golden Rice

or

Margherita Pizza with Jacket Wedges (V)

Wednesday

Roast of the Day with Roasties & Gravy

or

Veggie Sausage Toad in the Hole with Roasties & Gravy (V)

Thursday

Chicken, Broccoli & Sweetcorn Pasta Bake

or

Penne with Beany Bolognese (Ve)

Friday

Fish Fingers or Salmon Fish Fingers with Chips

or

Garden Vegetable Goujons with Chips (Ve)

SIDES

Monday

Rainbow Veg

Tuesday

Sweetcorn, Green Beans

Wednesday

Cabbage, Sliced Carrot

Thursday

Swede, Shredded Carrots

Friday

Baked Beans, Garden Peas

DESSERTS

Monday

Scoop of Vanilla Ice Cream (V)

Tuesday

Peach & Pineapple Crumble (Ve) with Custard (V)

Wednesday

Strawberry Jelly & Pineapple (Ve)

Thursday

Chocolate Mousse with Mandarins (V)

Friday

Iced Shortbread (Ve)



HAVE YOU TRIED OUR NEW DELI RANGE SANDWICHES

HOW ABOUT A PANINI OR SAUSAGE ROLL

WHY NOT TRY OUR SUPERB PASTA POTS WITH DELICIOUS TOPPINGS

TRY OUR RANGE OF FILLED JACKET POTATOES

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