

Spring 1 PE Lessons

5A		Kit
Week 1 - Monday Lesson 3 - Mrs Bannister Week 1 - Tuesday Lesson 4 - Mrs Bannister Week 1 - Friday Lesson 1 - Mrs Bannister	Week 2 - Wednesday Lesson 3 - Mrs Bannister	Top, fleece, shorts/skorts/leggings/ tracksuit bottoms, navy/black socks, trainers, coat <u>shin pads, studs and towel</u>
Football and/or Dance		
5B		
Week 1 - Wednesday Lesson 3 - Mrs Bannister Week 1 - Thursday Lesson 4 - Mrs Bannister	Week 2 - Wednesday Lesson 2 - Mrs Bannister Week 2 - Thursday Lesson 1 - Mrs Bannister	
Football and/or Dance		

6A/B		Kit
Week 1 - Monday Lesson 1 - Mrs Bannister Week 1 - Friday Lesson 4 - Mrs Bannister	Week 2 - Tuesday Lesson 5 - Mrs Bannister Week 2 - Friday Lesson 5 - Mrs Bannister	Top, fleece, shorts/skorts/leggings/ tracksuit bottoms, navy/black socks, waterproof coat (separate from school one), <u>shin pads, studs, gum shield,</u> trainers and towel
Badminton and/or Tag Rugby		

7A		Kit
Week 1 - Tuesday Lesson 2 - Mrs Bannister Week 1 - Wednesday Lesson 4 - Mrs Bannister	Week 2 - Monday Lesson 5 - Mrs Bannister and Mrs Hughes Week 2 - Friday Lesson 2 - Mrs Bannister and Mr Hughes	Top, fleece, shorts/skorts/leggings/ tracksuit bottoms, navy/black socks, waterproof coat (separate from school one), <u>shin pads, studs, gum shield,</u> trainers and towel
Tag Rugby and/or Table Tennis		

7B		
	Week 2 - Monday Lesson 5 - Mrs Bannister and Mrs Hughes Week 2 - Tuesday Lesson 3 - Mrs Bannister Week 2 - Wednesday Lesson 4 - Mrs Bannister Week 2 - Friday Lesson 2 - Mrs Bannister and Mr Hughes	
Tag Rugby and/or Table Tennis		

8A		Kit
Week 1 - Monday Lesson 5 - Mrs Bannister and Mr Hughes Week 1 - Friday Lesson 3 - Mrs Bannister	Week 2 - Monday Lesson 1 - Mrs Bannister and Mr Hughes Week 2 - Monday Lesson 3 - Mrs Bannister	Top, fleece, shorts/skorts/leggings/ tracksuit bottoms, navy/black socks, waterproof coat (separate from school one), <u>shin pads, studs, gum shield,</u> trainers and towel
Badminton and/or Rugby		

8B		
Week 1 - Monday Lesson 5 - Mrs Bannister and Mr Hughes Week 1 - Tuesday Lesson 1 - Mrs Bannister	Week 2 - Monday Lesson 1 - Mrs Bannister and Mr Hughes Week 2 - Tuesday Lesson 1 - Mrs Bannister	
Badminton and/or Rugby		

Please bring indoor and outdoor kit for both lessons.

First Lesson back will be the Multi-Stage Fitness
Test.

Physical Education is a requirement from the National Curriculum. We strive to ensure all pupils participate in these lessons and aim to acquire a minimum of 60 minutes physical activity a day.

In order to ensure that all pupils are fully prepared for these lessons, a kit list is sent out at the beginning of each term and pupils are also pre-warned ahead of the modules. Due to the unpredictable nature of the weather, it's important that pupils bring all the kit listed on the days they have PE to be prepared for either an indoor or outdoor lesson.

For health and safety reasons the absence of certain kit may result in a pupil not being able to fully participate in a lesson which can impact their learning.