

## Kit List for Visits to Outdoor Education Centres.

The check list below has been compiled to help you prepare for your visit. It is not necessary to go out and buy lots of new and expensive things for the visit as you are likely to get wet and mucky at times. Old but comfortable clothes are ideal. Please avoid jeans for activity wear as once they are wet they become very uncomfortable and you will get cold easily. The centre will provide all specialist and safety equipment required for the activities.

Please label **all** your clothes, packing your bag with the help of an adult if required. Tick off the checklist and bring it along to the centre with you. You may have to help put your bag on the coach and carry it to your accommodation so make sure you can manage it all.

Accommodation		
Dormitory		
1 x Single duvet cover, 1 x pillow case with covers are provided.		
ITEM	Number	Packed at Home
Underwear (pants / knickers)		
Socks including warm, full length long socks for walking		
T-shirts		
Trousers/Tracksuit bottoms (rather than jeans)		
Warm jumpers (think about layers)		
Outdoor trainers and walking boots if you have them.		
Indoor trainers		
Wellington Boots (both boots named please!)		
Waterproof Coat / Waterproof over trouser		
Warm Outdoor Coat		
Nightwear		
Hat, gloves, scarf		
Wash kit – toothbrush / toothpaste / hairbrush / soap		
Towels		
Fancy dress clothing for disco		
Additional Items		
Torch and spare batteries		
Water bottle		
Snacks for each night (2). <b>NO NUTS</b> due to severe allergies of other people attending the centre. Must be in a named, sealed bag or box.		
Plastic Bin Bags for wet and dirty clothes		
Lip Salve		
<b>Medication if required. Labelled in a sealed bag or box with directions of when to be administered. Must be handed into a member of staff.</b>		
Pens and pencils, and a book to read.		
Money for souvenirs or tuck shop (no more than £10.00). Must be in a named sealed envelope.		

**Please do not bring mobile phones; school staff will arrange contact with home if necessary. Please do not bring electrical items such as iPads, Tablets, iPods, games devices etc, as the school or centre cannot be held responsible for loss or damage.**