

Friday 18th July 2025

Dear Parents / Carers

Year 5 Swimming Lessons – Autumn Term 2025

As part of the Key Stage 2 National Curriculum, all children are required to swim a minimum of **25 metres using a recognised stroke** by the end of Year 5.

We are pleased to inform you that your child will begin their swimming lessons on **Friday 12th September 2025**. This initial session will be an **assessment** conducted by the swimming staff to determine your child's current ability. Based on this assessment, they will be placed in an appropriate ability group for their weekly lessons.

Lesson Dates:

- **Initial Assessment:** Friday 12th September
- **Weekly Lessons:**
 - **Friday 19th September to Friday 17th October**
 - **Friday 7th November to Friday 12th December**


Lessons will take place during the school day at **Denstone College** and form part of your child's P.E. curriculum. These sessions are **free of charge**, provided by the school.

What your child will need:

- **Swimming costume:**
 - Girls – a simple one-piece swimsuit
 - Boys – swimming trunks or fitted swim shorts
- **Towel**
- **Swimming cap** (required for all pupils, regardless of hair length)
- **Goggles** (optional – no permission required)
- **All jewellery, including earrings, must be removed** prior to the lesson.

If you have any questions or concerns regarding swimming lessons, please do not hesitate to contact the school office.

Yours sincerely



Mrs N Bannister
Lead for PE